

Through the Nurses' Lens

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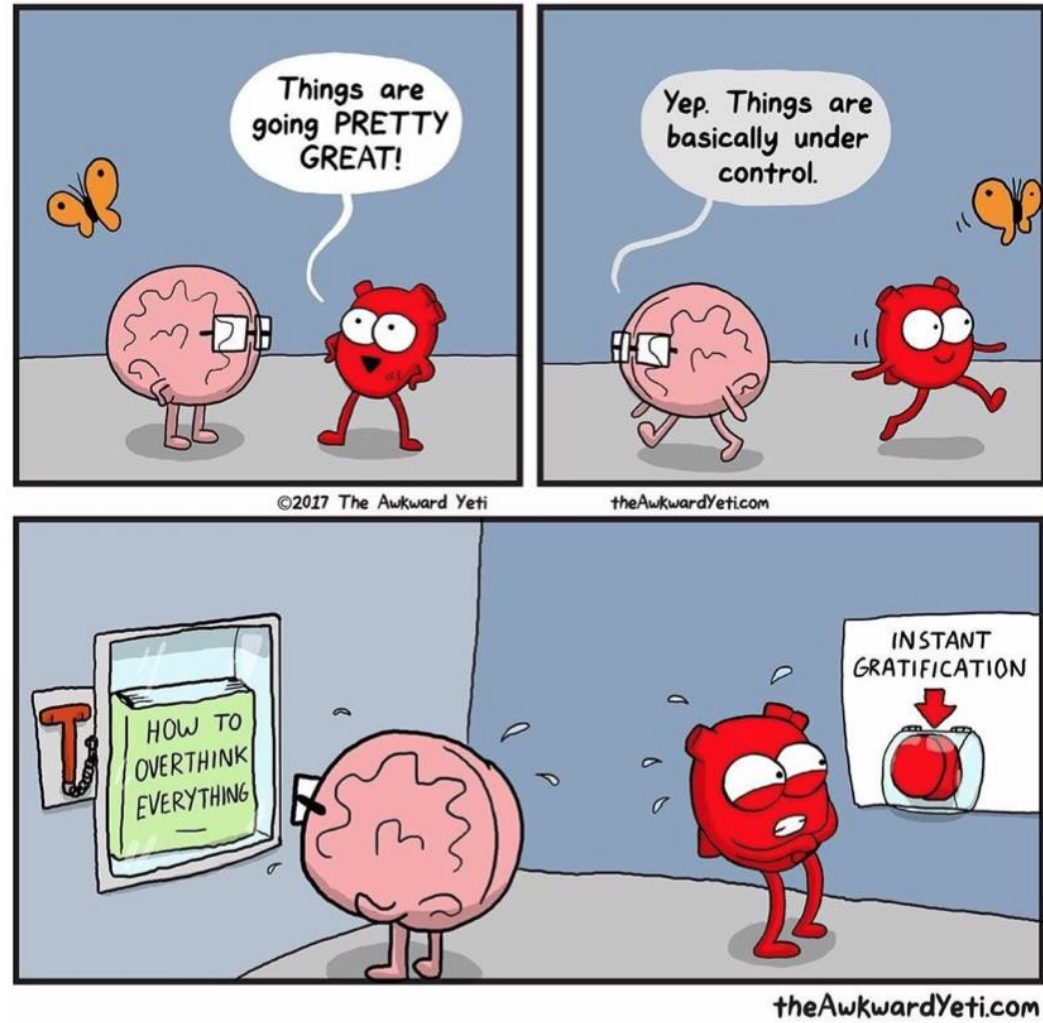
DOUGLAS COLLEGE

Global Conference on Person-Centred Care



How you want to be treated.

WHY USE ART?





ART
ALLOWS FOR
EMOTIONS TO BE
DRAWN.
INFORMATION IS
SHARED IN FEWER
WORDS –
HEALTH LITERACY


Has to potential to transform education for
healthcare professionals (impact on students) and for
patients and families (health literacy)

In Canada, Almost 90% of older adults have low
health literacy

Up to 80% of patients forget what their doctor tells
them as soon as they leave the office

Nearly 50% of what they do remember is recalled
incorrectly

Adding pictures (ANY FORM OF ART) to text
materials can result in up to 40% more patients
understanding the health information than text alone



PHOTOVOICE IS A PARTICIPATORY ACTION RESEARCH METHODOLOGY CREATED BY CAROLINE WANG AND MARY ANN BURRIS IN THE EARLY 1990'S WHERE "PEOPLE CAN IDENTIFY, REPRESENT, AND ENHANCE THEIR COMMUNITY THROUGH A SPECIFIC PHOTOGRAPHIC TECHNIQUE" (WANG & BURRIS, 1997, P. 369).


PHOTOVOICE PROVIDES THE OPPORTUNITY FOR COMMUNITY MEMBERS TO CREATIVELY DOCUMENT THEIR CONCERNS AND SIMULTANEOUSLY ACT AS "CATALYSTS FOR CHANGE" (P. 369).



GOALS OF PHOTOVOICE

Three Main Goals of Photovoice:

- To enable people to record and reflect their community strengths and concerns.
- To promote critical dialogue and knowledge about important issues through large and small group discussions of photographs.
- To reach policy makers and encourage the adoption of health promoting policies.



Working with
our Nurses
who were the
artists



Working with our Nurses who were the artists



How to support the Nurses in their Photography




The experience of loss and grief.



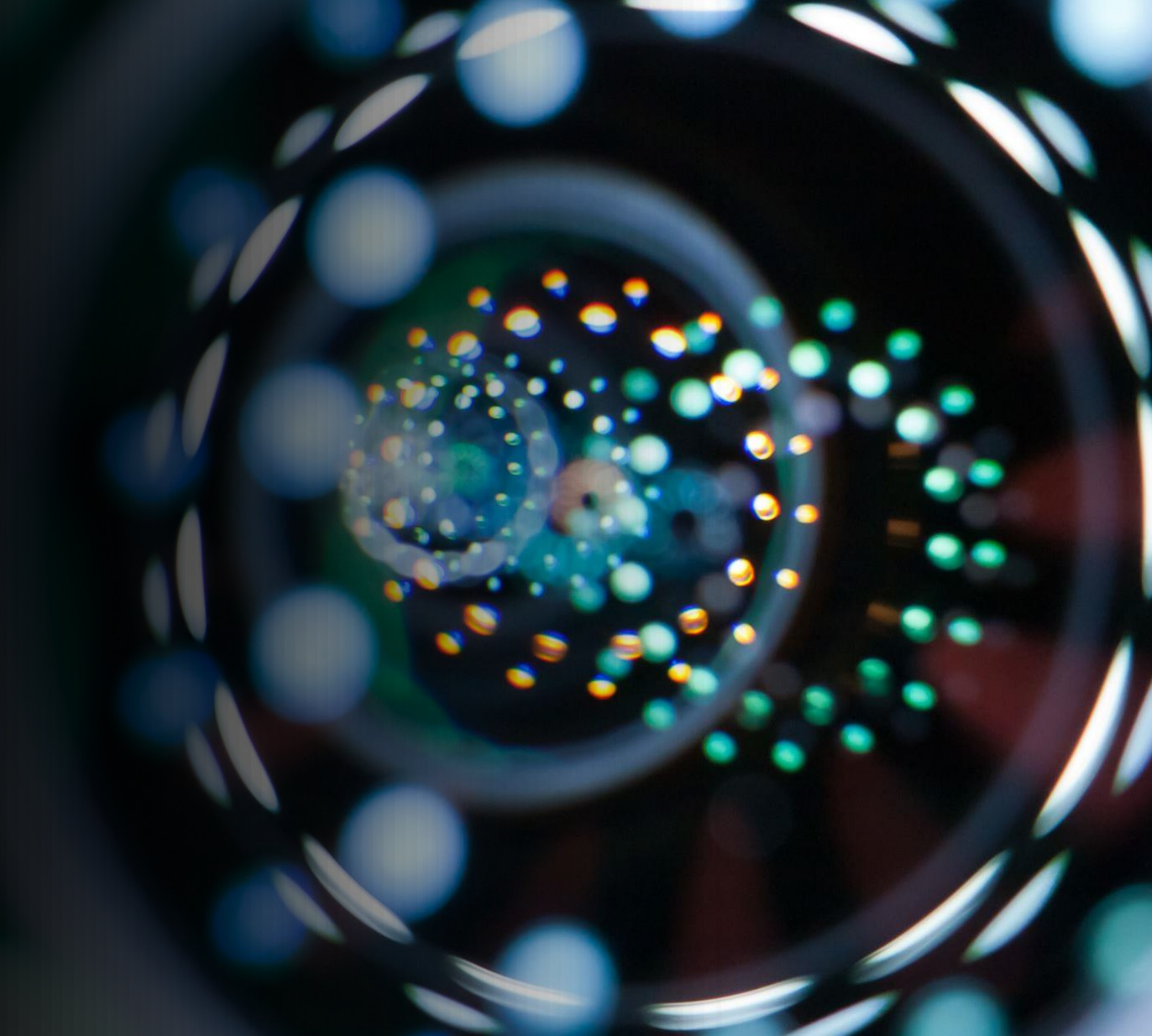
"The power of hope" - a photo that represents growth out of adversity



Week 3 Photo tips



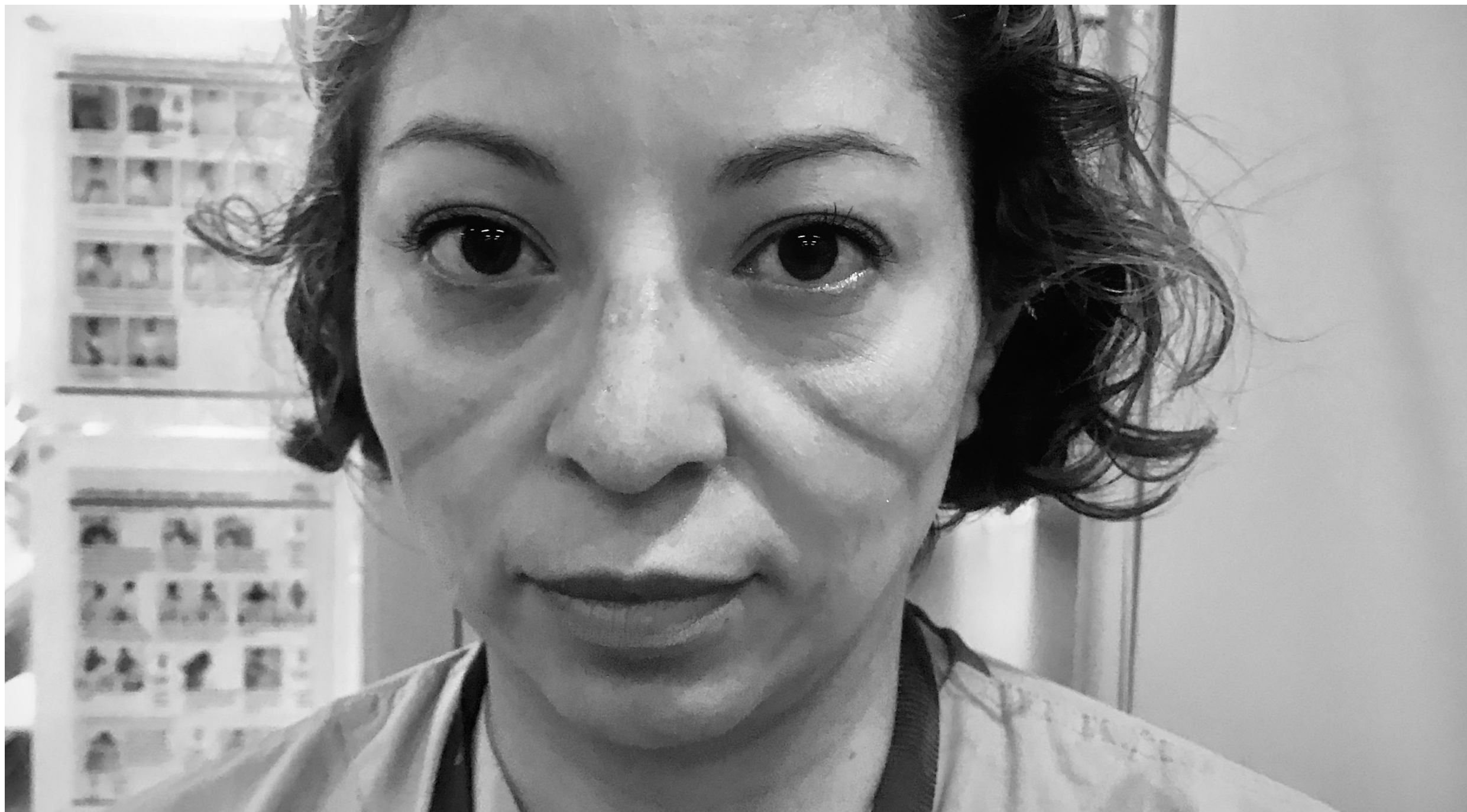
What was
captured
behind the
lens





| A few
photos of
impact





Stories and Photos are Memorable

"We need the stories that can't be forgotten; we need the data that can't be ignored."

-- Dr. Nadine Caron,
UNBC



Illuminating the experience of nurses

Five Themes:

- The Work of Nursing
- Miscommunication
- Fatigue
- Resilience
- Hope for the Future



We created a website

Nurses' stories through photos

[Nurses' Voices](#) [Learn More](#) [Publications](#)



Here we showcase the lived experiences of frontline nurses during the COVID-19 pandemic as told by nurses through photos, reflection, and group discussions.

Giving an expanded voice to our nurse participants



LOGIN

HOME PROGRAMME ▼ HELP ▼ select language ▼ Q

Using Photovoice to capture nurses' experiences during the COVID-19 pandemic

Subtheme *Emotional Labour*




Using the photos to educate

- Presentations and reports to Ministry of Health, professional associations, nursing practice councils, and more
- Efforts at ministry level and organization level to recruit and retain nurses





Publication shared the stories further



Original Qualitative Research Report

Photovoice Exploration of Frontline Nurses' Experiences During the COVID-19 Pandemic

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1–9
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Abstract
Background: The current COVID-19 global pandemic has had a profound impact on the health care system and on the physical and psychological well-being of nurses. Previous pandemics have led to nurses leaving the profession. Therefore, it is important that we hear the voices of nurses who experienced the pandemic on the frontlines to influence future planning and policy development.
Purpose: The purpose of this study was to explore frontline nurses' experiences during the COVID-19 pandemic through photos, narratives, and group discussions.
Methods: Twelve nurses in two groups shared their lived experiences through Photovoice, a participatory action approach. Photos and narratives were collected over five weeks per group. One group at the beginning of the pandemic and the other group six months later. Focus group discussions were held following each group.
Results: Five themes emerged from the photovoice data: (1) The work of nursing; (2) Miscommunication; (3) Fatigue; (4) Resilience; and (5) Hope for the future. Various subthemes were noted within each theme to delineate the lived experience of frontlines nurses working in the COVID-19 pandemic.
Conclusions: The voices of nurses and their experiences on the frontlines of the COVID-19 pandemic need to be considered in pandemic planning and integrated into health care policy, guidelines, and structural changes.

Keywords
Photovoice, COVID-19, nurses, lived-experience

We sent messages to leaders of nursing organizations, and we heard back!



"As noted in your report, the experiences of nurses during the pandemic have given them a unique understanding and expertise in pandemic preparedness and healthier workplaces. We have forwarded your report to Ministry of Health executive to help inform their discussions on health workforce planning and improvements to workplaces in the health system."



Motivating change: Recommendations

- Nurses can influence policy changes: “That’s the reason I participated in this research.”
- Safe staffing levels: “We don’t want working short premiums, we would rather be fully staffed.”
- Better pandemic planning for the future
- COVID-19 vaccine gives "light at the end of the tunnel"

Questions

Feel free to email me

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**What projects in your area
could benefit from an arts-
based approach?**